

Today's Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Child's Name \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_ Sex: M F

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**Parent/Guardian Contact Information:**

Name \_\_\_\_\_ Relationship to child \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell/Work \_\_\_\_\_ Email \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

**Health History**

What is the main reason for seeing the doctor today? If there is a specific health condition, please describe in detail including the first time you noticed the condition. Please list any factors you suspect may have played a role in its onset and continuation.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How long has the main problem been an issue? \_\_\_\_\_

**List in order of importance other health problems that are an issue:**

1. \_\_\_\_\_ Length of time \_\_\_\_\_

2. \_\_\_\_\_ Length of time \_\_\_\_\_

3. \_\_\_\_\_ Length of time \_\_\_\_\_

Who is the child's pediatrician?

Name \_\_\_\_\_ Phone \_\_\_\_\_

Has the child ever seen a naturopath or a chiropractor before? Y N

If so, who was the doctor and what were the results? \_\_\_\_\_

Does the child now, or in the past, experience(d) the following: (circle all that apply):

Anemia Hepatitis Bladder infections Hernia Blood disorders Asthma Epilepsy  
Ear infections Thyroid disease Diabetes Hives/Eczema Gastric reflux Bedwetting  
Hyperactivity

Any other condition: \_\_\_\_\_

How would you describe your child's overall state of health? (please circle one)

Excellent Good Average Fair Poor

Previous hospitalizations/Surgeries/Serious Illnesses:

\_\_\_\_\_ Date \_\_\_\_\_  
\_\_\_\_\_ Date \_\_\_\_\_

Does the child have known allergies to any drugs, foods, animals, herbs or other substances?  
Please list allergen and the reaction to it:

\_\_\_\_\_

Medications: (please give full name, strength, dosage and how long child has been taking it)

\_\_\_\_\_

\_\_\_\_\_

Vitamins/Herbs: (please give full name, strength, dosage and how long child has been taking it)

\_\_\_\_\_

\_\_\_\_\_

**Typical Food Intake:**

Breakfast \_\_\_\_\_

Lunch \_\_\_\_\_

Dinner \_\_\_\_\_

Snacks \_\_\_\_\_

Drinks \_\_\_\_\_

**Birth History:**

At how many weeks gestation was the child born? \_\_\_\_\_ Was it vaginal or a C-Section \_\_\_\_\_

How much did he/she weigh? \_\_\_\_\_ How long in inches \_\_\_\_\_

Were there any birth complications? \_\_\_\_\_

Was the child breast fed? \_\_\_\_\_ If yes, for how long? \_\_\_\_\_

Were there any difficulties introducing foods? Which ones? \_\_\_\_\_

\_\_\_\_\_

**Immunization History:**

Has the child had all immunizations? Y N

Please circle all administered:

Hep B DTaP/DTP Hib Polio MMR Varicella(Chicken Pox) Other: \_\_\_\_\_

Any reactions/complications from the immunizations? \_\_\_\_\_